

## RESEARCH SNAPSHOT



# HOW DOES PARENTAL SUPPORT AFFECT THE EXPERIENCES OF DETRANS YOUTH?

## Results of the study [1/5]

*Research overview: initial question, methodology, description of the sample and main results.*



# PARENTAL SUPPORT: THE GREAT DEBATE!

*"Regrets and ruined lives"*



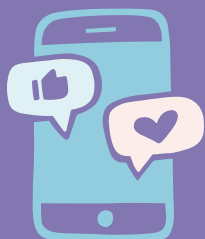
Studies show the **beneficial** effects of **strong** parental support for gender diverse youth.

*"Too hasty a statement"*



*I have heard that some youth detransition. Should I prevent my child from transitioning to avoid regrets?*

*"Peer contagion"*



# UNDERSTANDING THE EXPERIENCES OF DETRANS YOUTH\*

\*This study surveyed:


**25** youth (aged 16–25) from 7 countries between 2020 and 2022, who have **started** and **interrupted** a social, legal or medical transition.



The youth shared how they perceived parental support **before**, **during**, and **after** transitioning and detransitioning.

Pre-transition

Detransition

 Note : This is a rarely explored area of scientific research



WHAT ARE  
DETRANS YOUTH  
SAYING?

## DIFFERENT TYPES OF SUPPORT

Results distinguish 4 types of parental support trajectories:



Stable  
support



Progressive  
support




Stable non-  
support



Ambiguous or  
conditional support

These trajectories are **not** always **linear**, but the type of support received can **greatly affect** these youth's paths...

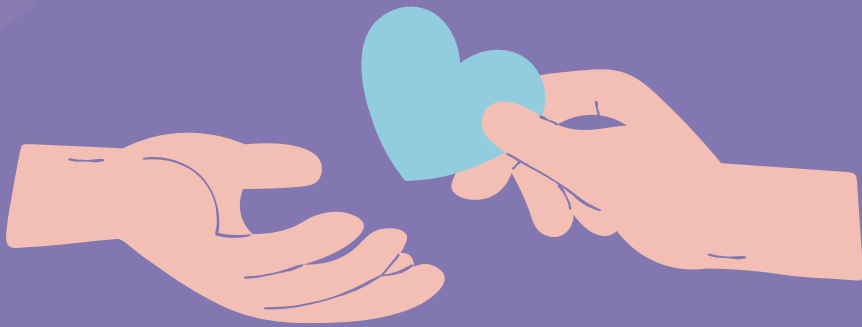
 Note: We will detail each trajectory in future publications!



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## IMPACT OF PERCEIVED SUPPORT

**Very few** of the youth surveyed reported receiving **stable and unconditional** support during their journey.



**Unconditional** parental support, whether stable or progressive, promotes **healthy identity exploration**.

The **absence** or **instability** of parental support exposes children to risks of **emotional insecurity, shame** and **hidden transition**.

 Note: We will detail each trajectory in future publications!



# IMPLICATIONS

In the **context of moral panic** surrounding access to gender-affirming medical care, it is not surprising that parents feel uncertain about how to support their children. However, testimonials from youth tend to show that **unconditional parental support is beneficial** to them. These youth have expressed a strong need to be **heard, understood and loved unconditionally** and **without attachment to results.**

## Source :

Pullen Sansfaçon, A., Aithamon, M., Gelly, M. A., & Atgé-Delbays, S. (2025). Exploring Parental Support in Detrans Youth: From Pre-Transition to Detransition, a Retrospective Longitudinal Analysis. Journal of Child and family studies. <https://doi.org/10.1007/s10826-025-03197-7>



A summary of the article produced by **Trajectoire Jeune Trans** is available

**LINK IN  
DESCRIPTION / BIO**