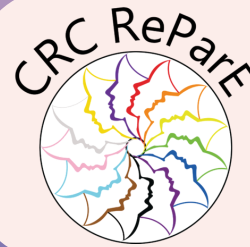


## RESEARCH SNAPSHOT



# PROGRESSIVE PARENTAL SUPPORT: HOW DOES IT IMPACT DETRANS YOUTH\* ?

## Results of the study [4/5]

*A Progressive Support Trajectory: Learning To Support One's Child*

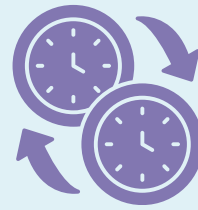
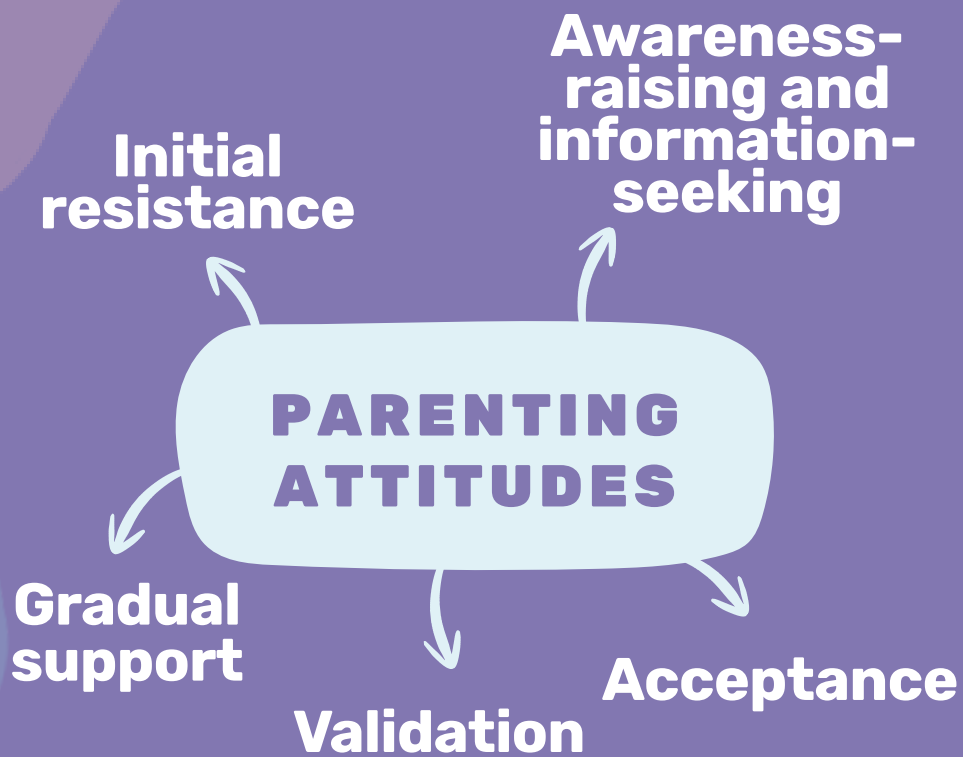
*\*This study surveyed 25 detrans youth (aged 16–25) from seven countries between 2020 and 2022 about their perceptions of the parental support they received before their transition and during their detransition.*



WHAT ARE THE  
DETRANS YOUTH  
SAYING?

# PARENTAL SUPPORT

(Progressive over the time)



## EVOLUTION OVER TIME:

- **resistance**, confusion, or inadequate support when the child expresses a **nonconforming** gender or sexuality or a desire to transition
- often, a catalyst (intervention by professionals, a family member, or a support group) enables **better understanding** and support of the child
- acceptance during detransition **without pressure** to conform to expectations



WHAT ARE THE  
DETRANS YOUTH  
SAYING?



## PROGRESSIVE SUPPORT TRAJECTORY

They report **gradual** and **authentic communication**, feelings of **surprise** and **gratitude**, and a sense of **affirmation** and **recognition**.

“ [My mom] joined a group for parents of trans kids [and] she kind of came around, and I think that was mostly because all those questions she had, they could answer them there. And I think they were able to reassure her that it wasn't the end of the world—and [...] how to have conversations with me that I would need to have, and how to use my pronouns or how to react when she accidentally used the wrong ones [...]. ”

(Lea, detrans woman, 19)



# IMPLICATIONS

Some youth benefited from **progressive** support because their parents sought **information** and **learned, over time**, to **accept** this **new reality**. Youth report **positive feelings** regarding the support received, **even if it was not present initially**.

**Professionals** play an **important role** in **supporting** and **informing** parents about transition pathways and their non-linearity, including possible detransition trajectories.

## Source :

Pullen Sansfaçon, A., Aithamon, M., Gelly, M. A., & Atgé-Delbays, S. (2025). Exploring Parental Support in Detrans Youth: From Pre-Transition to Detransition, a Retrospective Longitudinal Analysis. Journal of Child and family studies. <https://doi.org/10.1007/s10826-025-03197-7>



A summary of the article produced by **Trajectoire Jeune Trans** is available

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