

RESEARCH SNAPSHOT



STABLE PARENTAL SUPPORT: HOW DOES IT IMPACT DETRANS YOUTH* ?

Results of the study [5/5]

A Stable Trajectory of Support: Active, childcentered and Flexible Support

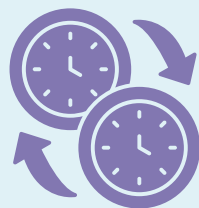
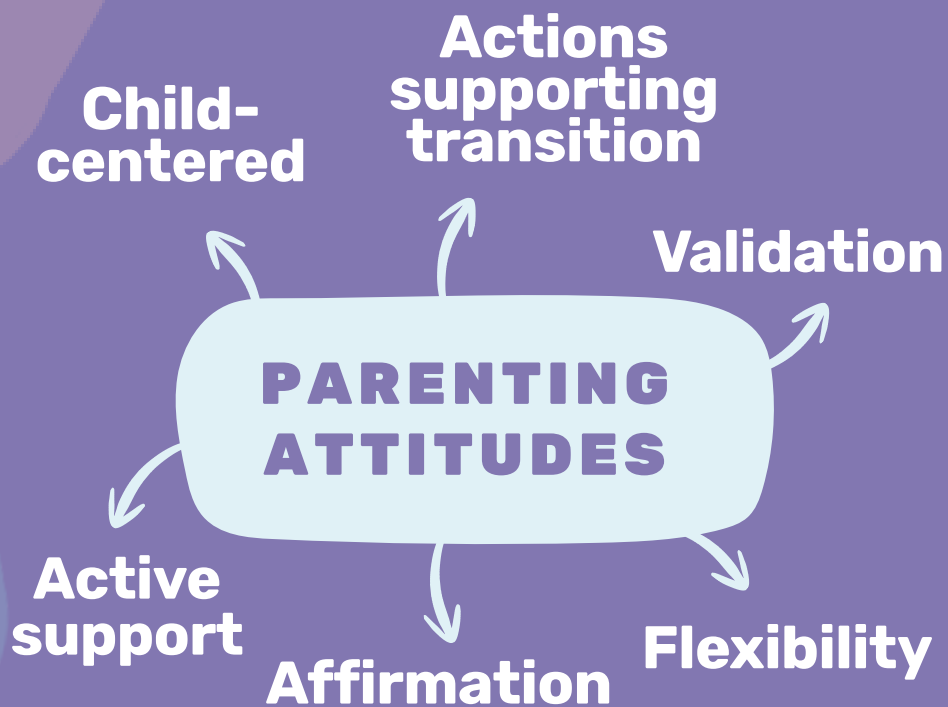
**This study surveyed 25 detrans youth (aged 16–25) from seven countries between 2020 and 2022 about their perceptions of the parental support they received before their transition and during their detransition.*



WHAT ARE THE
DETRANS YOUTH
SAYING?

PARENTAL SUPPORT

(Stable over time)

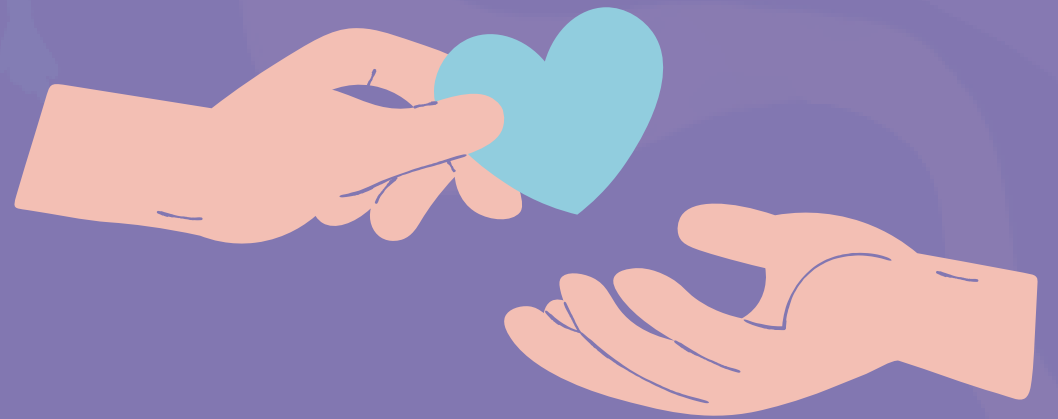


EVOLUTION OVER TIME:

- upbringing grounded in **openness** to sexual and **gender diversity**
- **freedom** to **explore** or express one's gender even prior to transition
- **active support** of the child's decisions and gender expression **throughout** the **entire journey** (before and during transition, during and after detransition)



WHAT ARE THE
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STABLE SUPPORT TRAJECTORY

Less frequently reported, this form of support enhances **well-being** and **resilience**. They do not place responsibility for detransition on their parents.

“ I am just able to ignore it [misgendering] and not care, and roll my eyes a little bit and move on immediately- ...because I get so much acceptance in the other parts of my life because I have such positive experiences being, like, truly understood and recognized [...] by my friends, [...] my roommates, and by most of my family members who I talk with on a regular basis. ”

(Kit, 24 years old)



IMPLICATIONS

Active, continuous, unconditional parental support **centered** on the **child's needs** is **rarely** reported by detrans youth, but when present, it fosters **gratitude** and **resilience**. Moreover, youth **do not blame their parents for** their **detransition**. Unconditional parental support is a **determining factor** in youth's **freedom** and **autonomy** regarding gender.

Source :

Pullen Sansfaçon, A., Aithamon, M., Gelly, M. A., & Atgé-Delbays, S. (2025). Exploring Parental Support in Detrans Youth: From Pre-Transition to Detransition, a Retrospective Longitudinal Analysis. *Journal of Child and family studies*. <https://doi.org/10.1007/s10826-025-03197-7>



A summary of the article produced by **Trajectoire Jeune Trans** is available

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